

TIME FOR FLAG RUGBY



# GIRLS SPRING CAMP



EMAIL FOR FURTHER  
DISCOUNTS

**\$100**



March 16 - 20, 2026




Burnaby Lake Rugby Club

- Female owned and operated
- Non-contact
- Develop confidence, connections and community



**Register Now**

[www.stillcreekrugby.ca](http://www.stillcreekrugby.ca)



# WHY PLAY RUGBY



## Why Still Creek Rugby?

At Still Creek Rugby, we believe rugby should be fun, inclusive, and accessible for every girl.

We're committed to lowering barriers, building community, and helping girls grow through expert coaching, strong mentorship, and a culture that celebrates teamwork, effort, and leadership.

## Why Girls Should Play Rugby

Rugby is one of the fastest growing sports in the world and is built for players of all shapes, sizes, and abilities making it inherently inclusive. It's also a values-based game, rooted in respect, integrity, passion, solidarity, and discipline, teaching life skills that extend far beyond the field. It can open doors to further education, travel opportunities and a community for life.

**Register Now**

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