

SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: October 30th - Nov.24th 2023 Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	01	02	03
Spaghetti and	Hot Dog	Sweet & Sour	Chicken Fingers	
Meatballs		Chicken Nuggets with Chow Mein Noodles	with Fries	SUBWAY
Spaghetti & Veggie Meatballs	Veggie Hot Dog	S/S Veggie Nuggets ChowMein	Veggie Chicken Fingers & Fries	
06	07	08	09	10
Broken Lasagna with Cheese & Meat Sauce	Sunshine Burger (Egg & Cheddar)	Beef Meatballs with Mashed Potatoes & Gravy	DIY Chicken Caesar Wrap	Pancakes with Turkey Sausages
Lasagne with Cheese & Tomato Sauce	Same for Veggie option	Veggie Meatballs with Mashed Potatoes & Gravy	DIY Veggie Chicken Caesar Wrap	Pancakes
13	14	15	16	17
STAT HOLIDAY	Chicken Parm on a Bun	Cheese Tortellini with Cream Sauce	Beef Shepherd's Pie	PIZZA DAY
	Veggie Chicken Parm	Same for Veggie option	Veggie Ground Shepherd's Pie	
20	21	22	23	24
Butter Chicken with Rice	Cheese Perogies with sour cream	Macaroni & Cheese	BBQ Beef Meatballs with Mashed Potatoes	PRO-D DAY
Butter Chickpeas with Rice	Same for Veggie option	Same for Veggie option	BBQ Veggie Meatballs with Mashed Potatoes	

All Meals include Fruit or Veggie and a small milk.