

# RINGETTE

## Learn skating, teamwork and a love for sport.

*A Canadian heritage sport invented in 1963*

- Speed, agility and teamwork are essential for success
- Teams are required to pass twice before shooting
- Each team has 30 seconds to shoot
- This strategic sport is fast like hockey with rules similar to basketball & lacrosse

## Belong to a positive and friendly community.

- Athletes of all genders, abilities and backgrounds are welcome
- Safe, inclusive sport with a respectful culture
- Leadership and community service opportunities are encouraged for 12yrs+

**9YRS+  
JOIN NOW!**



**\$425 - \$565**

- September - March
- Twice per week
- Volunteer coaches
- Parent helpers welcome

**bnwr.ca**

**FREE  
TRIAL**